

Did You Pass Your Exam Today?

"So how was your test today?"

No answer.

"We studied really hard last night, so how did you do?"

"Mom, you know I knew that information last night. You know I did, but I failed the exam! I'm just not good at taking tests. I'm never going to study again. The teacher thinks I'm stupid. I know I am stupid. I'm never going back there again! I hate it! I hate it! I hate it!"

How many times have you heard these sobbing words from your totally discouraged child, ready to give up after failing yet again. Was there something wrong with the test? What happened? How totally unfair! How totally damaging to self-esteem! It breaks your heart. Worse, you are worried that dropping out or hanging out with bad influences is becoming a real possibility.

Of course, proper instruction delivered in a way a child can learn is crucial. Each child is unique; each child deserves to be taught in the way he can learn. Additionally, hypnosis is an effective tool to restore self-esteem in order to succeed in school. Hypnosis can neutralize the trauma damage and substitute positive beliefs. Consequently, learning is easier; therefore it is easier to pass tests. Here is S's story:

S. had below passing scores three times on the teacher certification exam. She had to pass this exam in order to keep her job. The exam was following week. There was time to do only one hypnosis session.

She had this to say after the exam:

I have to say it (one hypnosis session) did work. Throughout the exam I was very positive. For the first time I didn't stress over one question and not knowing if it was a, b, or c. I just bubbled in my first gut feeling. I felt positive. However, I'm not sure if I passed. I was not sure of some of the questions. But being positive was half my battle, thank you so much for seeing me on such short notice. I'm not feeling so badly about failing (if I do); I'll take it again!

She received her scores three weeks later...

I PASSED!

... and not by a little but by a lot. My scores were great!

She did it! So can your child!

Janet Wahl is certified in hypnosis, (ACHE#107-003, 450 hours of training) and ThetaHealing) and has a PhD in Language, Literacy & Learning. She has served more than 35 years in education both as a teacher, administrator, and university professor with expertise in special needs, learning strategies, and language arts. For more information, visit www.mindbalance.us and www.janetwahl.com. Call to schedule an appointment, 505-404-8115.